



## The Joy of Sox: Weird Science and the Power of Intention: Sports, Spirituality and Science Come Together at the Old Ballgame (Paperback)

By Eric Leskowitz MD

Booksurge Publishing, United States, 2010. Paperback. Book Condition: New. 202 x 132 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.People everywhere are moved by the power of groups, whether it's at a concert, in a congregation or at a political rally. The new science of consciousness research has proven that invisible energies are the key to this power, and the pre-eminent laboratory for studying these forces is an unexpected location: at the ballpark. In *The Joy of Sox: Weird Science and the Power of Intention*, Harvard psychiatrist Rick Leskowitz describes how his lifelong love of the Boston Red Sox helped him discover that the principles of energy medicine and intentionality research explain the intangibles in sports: the home field advantage, the electricity in the crowd, team chemistry and the prayers of fans. Read about computer studies that measure fan energy in the ballpark, lab tests that prove how positive emotions are contagious, and learn how energetically savvy fans can enhance their team's performance. This book even answers the age-old question: is your favorite sports stadium a sacred space? The Joy of Sox starts by laying a foundation of scientific evidence in support of these...



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